

# ELK GROVE TOWNSHIP YOUTH SERVICES

## GIRL POWER

### A GIRLS EMPOWERMENT GROUP

## Summer 2017



**Space is Limited Register Early**

#### **Group 1:**

Monday 3:00 p.m.-5:00 p.m.

#### **Group 2:**

Monday 5:30 p.m.-7:30 p.m.

This activity is not sponsored by Community Consolidated School District 59, or any of its schools, or groups officially associated with the District

### **WHAT IS GIRL POWER?**

A group for girls to help strengthen self-esteem, self-perception, and resiliency

#### **WHOM:**

Separate groups are designed for children and adolescents

#### **WHEN:**

Mondays, June 19, 2017 to July 31, 2017

Groups will meet for 2 hours once a week for 6 weeks

**\* No Groups July 3rd\***

#### **TOPICS WILL INCLUDE:**

Promoting self-esteem, Creating a positive self-image, Handling peer pressure, Health and fitness, and Becoming a positive role model

#### **COST:**

\$60.00 for the six week session. Partial scholarships maybe available for Elk Grove Township Residents

**For more information contact: Renee Dorn, Challenge Coordinator  
(847) 981-0373 or rdorn@elkgrovetownship.com**

**Groups will meet at Youth Services, 401 W. Golf Rd. Mt. Prospect, IL 60056**