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## Insurance And Employee Wellness Committee **Official Minutes**

Presenter: Vickie Nissen

Date: Monday, January 22, 2018

Location: Administration Center TLC/011

Time: 4:00 p.m. to 5:00 p.m.

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### **Committee Members Invited**

Facilitator: Vickie Nissen  
Members: Sunil Bhawe

### **Others Invited**

Jesse Pleuss	Jane Schwartz
Kelley Zerkfahs	John Danza
Linda Johnson	Mari Schlottman
Rebecca Leone	Paul Wutz
Susan Chin	Ann Wing
Janet Russo	

**Meeting Called to Action:** 4:02

### **Outcomes:**

1. Monitor, review and make recommendations regarding trends and impacts to our benefits plan.

### **Agenda**

#### **1. Action Items:**

- a. Approved Unofficial Meeting Minutes From Monday, December 11, 2017
  - i. Linda Johnson made the motion
  - ii. Kelley Zerkfahs seconded the motion
  - iii. All were in favor

#### **2. Discussion and Information Items:**

- a. Wellness update was presented by Samantha Voltz with CHC Wellbeing. She discussed
  - i. CHC Results (Biometric Screening) - Executive Summary

1. Discussions included determining why participation has decreased
  - a. Time of year?
  - b. Time of day?
  - c. Did participants get this information another way, i.e. from their existing providers and not need to use the screening services? If so, should we try to obtain that information?
- ii. Other options for participants provided by CHC
  1. Walking Program
  2. Health Coaching
  3. Financial Wellbeing
- b. GCG Presented:
  - i. Healthcare Bluebook
  - ii. Milliman Renewal Projection

**Meeting Adjourned:** 5:18

**Next Meeting:** 2/26/18