



## YOUTH DEVELOPMENT PROGRAM

The In-House Program is perfect for the athlete who wants to take their game to the next level without the commitment of the full travel season. Participants will be taught basic Volleyball with emphasis on proper techniques. The Thunder Juniors athletes will receive the same training as our travel team participants as well as have a Rolling Thunder Volleyball Club Master Coach leading all training practices. In this Program, Rolling Thunder will form teams that will compete against each other on game days.

The Thunder Juniors Youth Development Program is for both Boys and Girls. The Program is 12 weeks long. There will be one practice per week and have 3-4 In-House Tournaments on either Saturday or Sunday. Tournaments are multiple matches. The tournaments will be held at the Itasca Park District facility. Details of the Tournament Events will be emailed out close to the Tournament date.

The 12 week program includes: 1 Game Jersey, 1 Practice Jersey, Practice, Games, Master Coach, Referees, and Facility Use.

### How Do I Sign Up?

Go to [www.rollingthundervbc.com](http://www.rollingthundervbc.com) and click on the Thunder Juniors Youth Development Program.



## ABOUT THE PROGRAM

### WHO:

Thunder Juniors is designed for:

Girls: 5<sup>th</sup> grade – 10<sup>th</sup> grade

Boys: 6<sup>th</sup> grade – 8<sup>th</sup> grade

### WHERE:

Thunder Juniors will use the Itasca Park District for training as well as the In-House Tournaments. The Itasca Park District is located at 350 E Irving Park Road, Itasca.

### WINTER - SPRING SESSION:

The winter spring session will begin Tuesday January 15<sup>th</sup>, 2019. Practices will be on Monday or Tuesdays evenings between 6pm-10pm with priority for the early practice time given to younger age teams.

### SPRING - SUMMER SESSION:

The dates for the Spring-Summer session will be announced in early March.

### COST:

The cost of the program is \$360.

### TEAM CREATION:

Teams are created by the RTVBC Staff. You can request to be with friends and/or school teammates. The goal will be to create balance and competitive teams to maximize each players athletic development.

This activity is not sponsored by Community Consolidated School District 59, and any of its schools, or groups officially associated with the District.