



EARLY LEARNING CENTER

FAMILY

UNIVERSITY

## FAQs

- The ELC Family University Program promotes the physical, cognitive, social, and emotional development of young children through safe and developmentally appropriate programming.
- Family University supports parents, family members, and caregivers in their role as the first teachers of their children.
- Family University assists families in meeting their own personal goals.
- We believe early childhood matters most. Reaching children 2-3 years of age (who miss the cutoff date for preschool) allows us to help them learn and grow prior to entering formal programming at the ELC.
- Sessions are facilitated by outstanding ELC staff.

## Details

Family University meets for 7 weeks, Thursday evenings from 5-7p in both the Fall & Spring semesters.

The schedule:

5:00 – 5:40 p.m. Dinner

5:40 – 6:50 p.m. Adult and Child Learning Sessions

In addition, we provided homework help, gym and art activities for older siblings.

\*Adult & child learning sessions are provided in English & Spanish.

6:50 – 7:00 p.m. Closing Group Gathering

## Topics presented at Family University for Our Adults:

- Kindergarten Readiness & Ready Rosie
- Routines
- Communication
- Family Role in Building SEL Skills
- Discipline
- Math & Literacy/Language
- Nutrition
- Home Safety





## Topics Presented at Family University for Our Children:



- School Readiness Skills
- Routines
- Circle Time
- Music
- Movement
- Art
- Story Time
- Play Time
- Self-help skills
- SEL



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Please welcome our ELC Parents:  
Dominique Cowens & Diana Munoz





Megan Medina's (Family U participant) shares:

I was immensely impressed by Family University and there are so many things our family loves about the program. It starts with a healthy dinner all together as a group, which we love because nowadays it's hard to find that sense of community but it's very important for our social skills! My kids love being in their classroom with their friends and teachers. My kids are proud of the things they learned and created and can't seem to stop talking about it on the drive home. I myself enjoy the parenting classes, which offer a wide variety of topics and guest speakers, and I learn something new every week. The whole family leaves Family University beaming, and excited for the next week. Other parents I've talked about this program with wish their school district had something like this. Please keep Family University going!



*Fin*