

Community Consolidated School District 59
Preparing Students to be Successful for Life

NOTICE OF REGULAR COMMITTEE MEETING

Wellness Committee

NOTICE IS HEREBY GIVEN THAT The Community Consolidated School District 59 will convene a committee meeting to be held at 1001 Leicester Road, Elk Grove Village at **4:00 p.m. on Wednesday, April 26, 2023.**

This meeting will be held for the purpose of gathering information.

DATED this **24th day of April 2023**, Elk Grove Village, Illinois.

Randy Reid
President, Board of Education



Wellness Committee

Presenter: Denise Webster, Elizabeth deGruy

Date: 04/26/2023

Location: Administrative Center 105A/B

Time: 4:00p -5:00p

Description: Participants will review the District's current Wellness Policy and provide recommendations for possible changes and/or additions to our existing policy.

Present:

4:00-4:10 pm Welcome & Introduction

- *Purpose and Outcome:*
 - *Review the D59 Wellness Policy to ensure it aligns with the State and Federal Guidelines required by the Child Nutrition and WIC Reauthorization Act of 2004 and the Healthy Hunger-Free Kids Act of 2010;*
 - *Explore changes if needed*

4:10-5:00 pm Group Discussion

- *Review existing policy*
- Two pieces of the policy that the group agreed to return to in SY 2023. These are the nutrition piece and the education piece.
 - Goals for Nutrition Education and Nutrition Promotion
 - Goals for Physical Activity
 - Also continue to consider Guidelines for Food Available During the School Day (healthy snacks), which are recommendations but not requirements
- *Implementation and monitoring*
 - *An assessment of the District's implementation of the policy*
 - *The extent to which schools in the District are in compliance with the policy*
 - *The extent to which the policy compares to model local school wellness policies ([D21 policy](#), [D15 policy](#), [D54 policy \(?\)](#), [D214 policy](#), [District 25](#))*
 - *A description of the progress made in attaining the goals of the policy*

[Board Policy 6:50 School Wellness](#)