

Ridge Family Center For Learning Fall Garden Club

October 9, 2023





Digging out the weeds



Working together



Plants



Harvest



Taste testing the melon



Carrot patch



Fun



Gardening

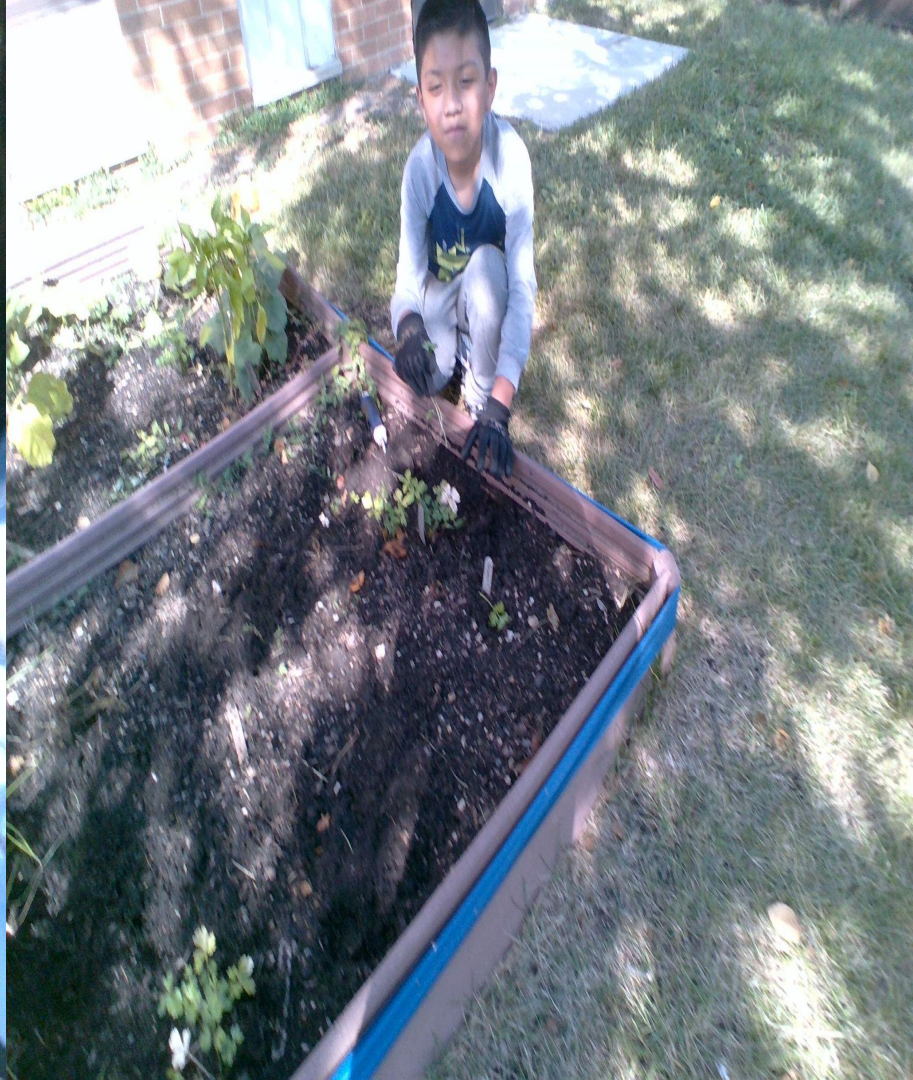


Sunflowers









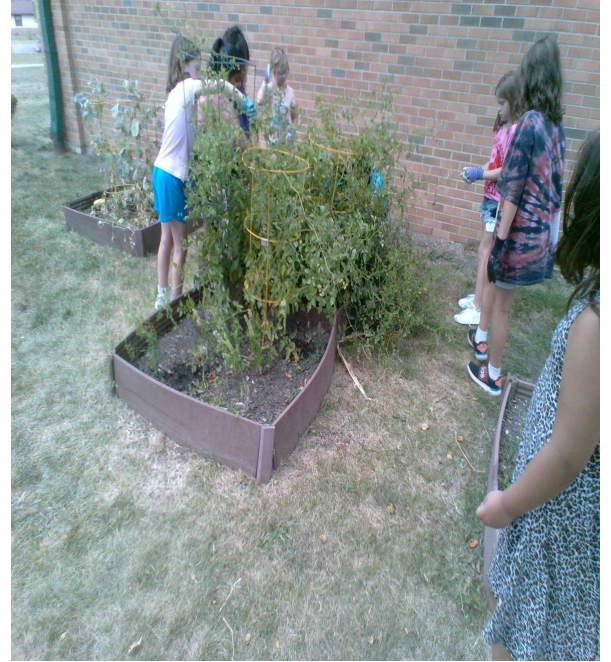
This is a picture of
people picking
tomatoes.



In garden
club we
harvest.



We have 2 tomato plants.
One of them is bigger than
the other one.



We observe plants.



We have to water the plants, so we have 4th graders and 5th graders help the other kids.



This is a 3rd grader found a huge green bean!

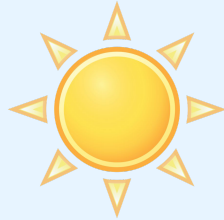
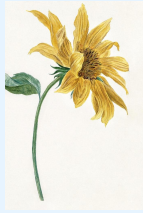




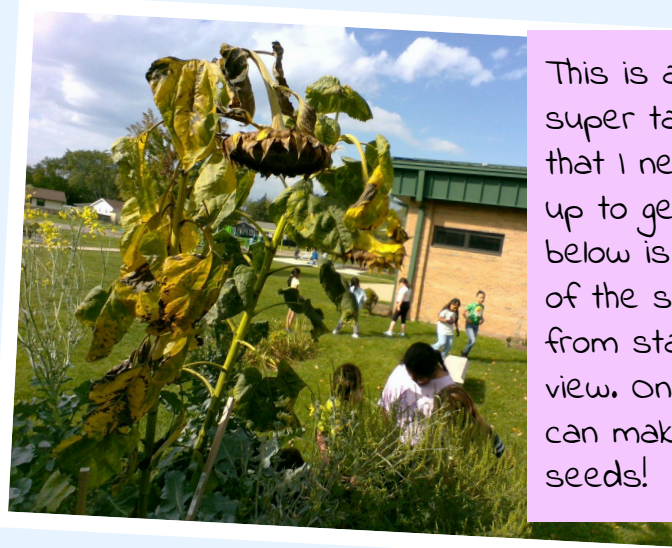


sunflowers

A sunflower always faces where the sun is.
There is an example below.



The sunflower is facing the sun.



This is a picture of a super tall sunflower that I needed to jump up to get. The picture below is also a picture of the same sunflower from standing point of view. one sunflower can make up to 1,000 seeds!



when sunflowers are older and tilt down like this, —————→ their seeds fall off and eventually plant more sunflowers! Some people eat sunflower seeds or plant them somewhere else.



tomatoes

some facts

about tomatoes

- + The Supreme Court said that a tomato is a vegetable, but it is scientifically a fruit.
- + Tomatoes are one of the world's most eaten vegetables, with around 340 billion pounds of tomatoes produced annually!
- + The first tomatoes appeared around 80,000 years ago.

we grew tiny spoon tomatoes and regular tomatoes. Some are not ripe yet though. The regular tomatoes took a long time to grow, because they took from last spring to now, and some of them are still not ripe! Personally, I don't like tomatoes, but if you like tomatoes these are very delicious!



yellow watermelons

They look like regular watermelons on the outside, but on the inside, they're very pale yellow! Unlike normal watermelons, which have a sweet, watery taste. These yellow watermelons have a cucumber-like, vinegary taste that's not very sweet. Of course, some people prefer yellow watermelons and other people prefer regular watermelons.



when to pick yellow watermelons

You can pick a yellow watermelon when it has dark green stripes with light green stripes. If you cut it open, it has light yellow flesh and black seeds.

Page 2 of yellow
watermelons



Parsley is a plant with lots of uses. It is most commonly used as just a plain old garnish, but obviously it has other uses. It has a mild and peppery taste, and chefs use it a lot to add a bit more flavor to their dishes.

some facts

- + parsley is in the same family as carrots and celery
- + parsley is more than 2,000 years old!
- + parsley is also used as a breath freshener.

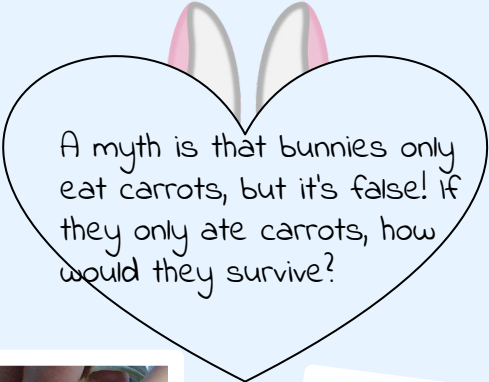
about parsley

parsley

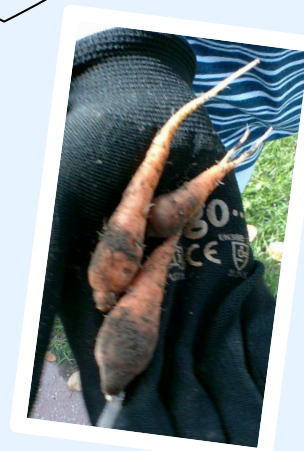


carrots

Carrots are a very common orange vegetable that we eat the root of. Did you know that the first carrot was purple, and not orange? The first carrots were yellow, purple, and white. Orange carrots came later, in about the 16/1700s. You can also eat the leaves of a carrot! It is common for people to eat the orange root, but you can also eat the green leaves! They are very healthy, but a little bitter.



A myth is that bunnies only eat carrots, but it's false! If they only ate carrots, how would they survive?



Some green bean fun facts: green beans

1. Green beans are the third most popular vegetable grown in backyard gardens.
2. There is a green bean festival in Blairsville, Georgia.
3. Raw green beans are a tiny bit toxic!

Green beans are great and they don't taste like regular beans at all!

Mrs. Oates opinion on green beans : "They're my favorite vegetable and taste delicious with fresh lemon juice and shallots."



A whole, ripe Canary Melon is shown resting on a white plate. The melon has a bright yellow, ribbed skin with some minor blemishes. The plate is set against a textured, brownish-grey background. The text "Canary Melons" is overlaid in the center of the image.

Canary Melons

When to pick a canary melon

You will know when to pick a canary melon when it's a bright yellow color. That means it is ready to pick and ready to eat too. You also have to take the seeds out because they are inedible.



Are canary melons healthy?

Canary melons are healthy. In fact they contain vitamins A, B-6, C and E. They also contain potassium and minerals like magnesium, phosphorus and calcium. Canary melons also have low calories. If you are trying to be on a healthy diet this can be a fruit you can choose.



Healthy choice
and they're
delicious



Where canary melons grow

Canary melons usually grow in Asia, Japan, South Korea, North Africa, Algeria, Morocco, Mexico and lastly the United States. This means that you can grow them if you want to.





we have a community partner for our composting project!



we help to make
compost for the Living
and Giving Garden in Elk
Grove Village!





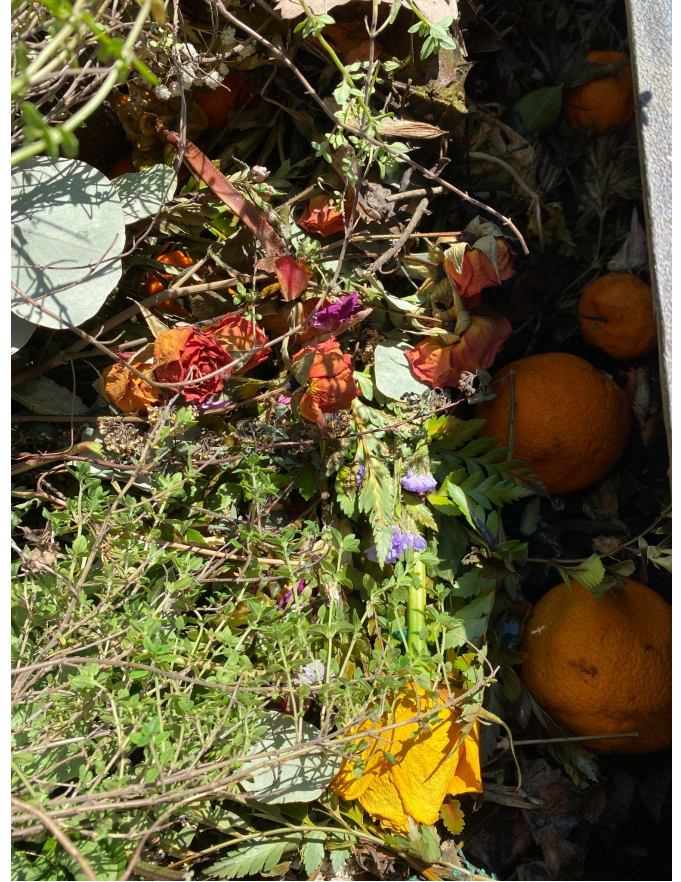
Composting

Composting is very important for our environment! Every year Americans throw away about 120 billion pounds of food! When that food rots, it makes methane. Methane is a greenhouse gas that is more dangerous than carbon dioxide! Food garbage makes 8% - 10% of the greenhouse gasses that are destroying the earth. Instead of adding to this enormous problem, you should not waste food, and you should compost!



What Food Can Be Composted?

The foods that can be composted are fruit and vegetables scraps, coffee grounds with the paper filters, crushed eggshells, and paper tea bags (without staples). You should avoid composting odorous foods like onions and garlic, meat, dairy products, greasy foods, bones, and pet waste.



At Ridge Family Center for Learning, we only collect fruit and vegetable scraps.



You can also compost yard waste.



Conclusion

The garden and composting are some ways to keep our school a good and happy place. Our members and teachers work hard to make this happen. Composting is an awesome way to keep our planet earth healthy. We hope you think composting should be a thing in every school in District 59.

