

Rupley/Salt Creek Physical Education



Physical
Education is
critical in
educating the
whole child.



We are here because we are proud of our P.E. programs and want to continue to advocate for the importance of P.E. at our schools in CCSD59 and beyond.



Why is Physical Education important?

Why is P.E. important?



Physical Literacy?



The purpose of ESSA, or Every Student Succeeds Act, is to make sure all students receive a well rounded education. P.E. plays a role in making sure we provide this to all our students. It helps build positive relationships with academics and improves focus and concentration. P.E. encourages and shows the importance of building lifetime healthy habits. In addition to improving social and emotional skills it reduces referrals and high risk behaviors.

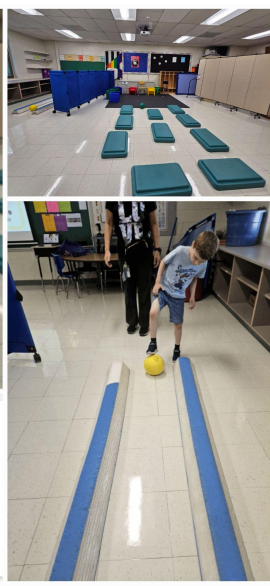
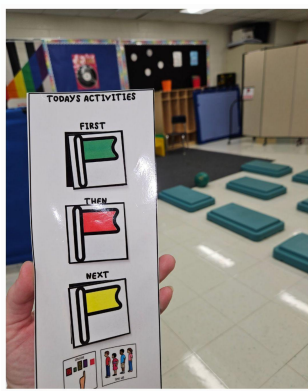
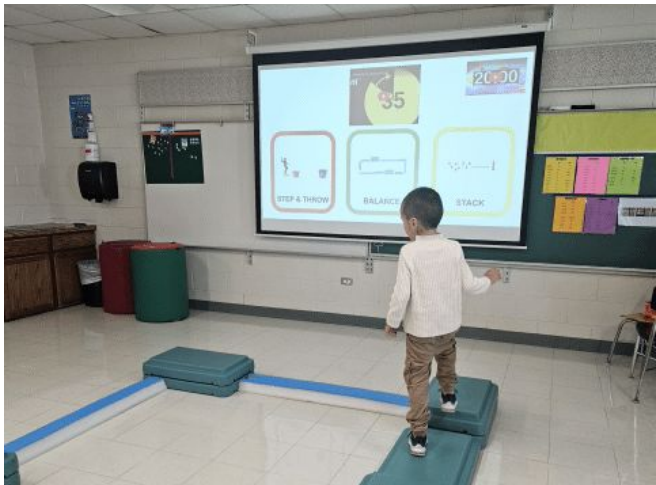
Students learn problem solving skills and how to persevere and overcome challenges. Skills such as teamwork, collaboration, communication are part of daily lessons. Students build confidence and take their growth in our classrooms and apply it outside of school. Applying these skills outside of school is part of being a lifelong learner who is both healthy and active.

**What do you like
most about
P.E.?**

Teaching all students



- Physical education is for everyone!
- What we learn. When we learn. How we learn. Where we learn.



**What have you
learned in P.E. that
you will use outside
of class?**

Problem Solving



Cross Curricular

Cardio Drumming



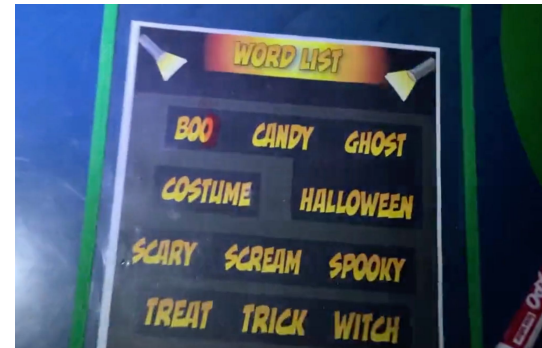
Music: Dance & Rhythm

Putt for Dough



Math & counting money

Spooky Spelling



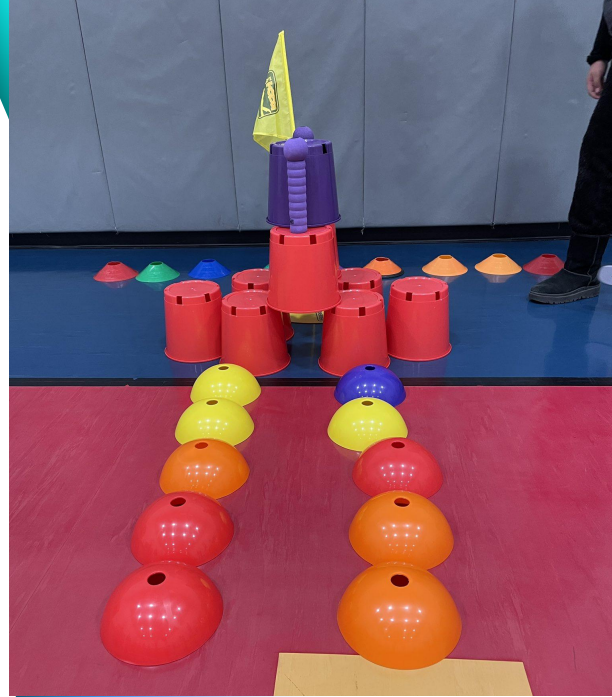
Spelling and reading

Color Sorting



...& more!

Mini golf



Bowling



Cup Stacking



Table Top Games





Our team collaborates and sets our units for the year over the summer. We then collect resources and create lessons that will give our students the best chance to improve their skills while providing them with the opportunity to apply them outside of school on their own. We co-teach some lessons which allows for more instruction and content but also more feedback to our students. With two of us seeing all of our students we make a larger impact on their learning and growth.

As lifelong learners ourselves, we continue to work at making a positive impact in our student's lives during our time together.

P.E.
is
Powerful
Education

Thank you!

Any questions?

More pictures and
videos on X

@BoPhillips10

@juliebotkin

@CoachNowlan